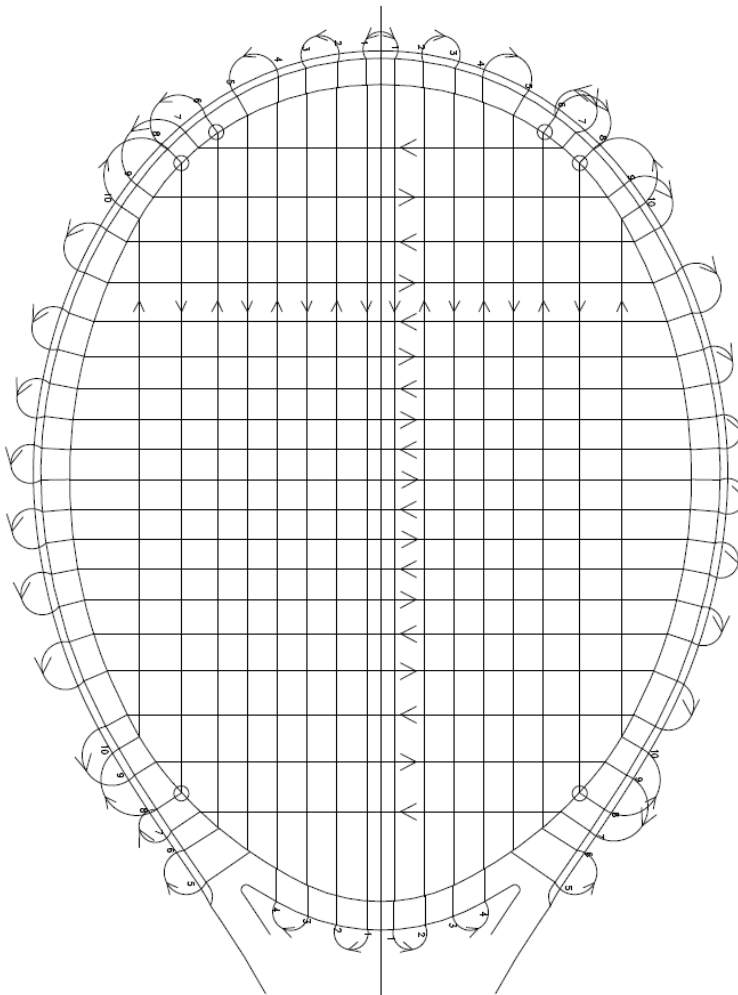


Stringing Instructions

HI-TEN 100R

HI-TEN 100L

HI-TEN TEAM



Key:

M= Main string
X= Cross string
T= Throat
L= Left side
R= Right side

String method:

2-pieces stringing – **strongly**
recommended
1-piece stringing - **not** recommended.

Pattern:

16 M x 19 X

Stringing:

Mains Start	Head
Mains Skip	7H, 9H, 7T, 9T
Cross Start	7H
Cross Last	7T

Tie off:

- 2-piece stringing: Main at 8H left and right, Cross start knot at 6H right and tie off at 8T left
- 1-piece stringing: Main at 8H cross 8T

Note:

Cross always starts at the head of the racket.

Recommended tension 22-26 kg

Maximum tension 30kg